

# **Advance Health Care Directive of Helen Su Irving-Yan**

I, Helen Su Irving-Yan, the principal, an adult of sound mind, execute this Advance Health Care Directive freely and voluntarily, with an understanding of its purposes and consequences. I intend to create a medical durable power of attorney under the laws of the State of California. I further intend to demonstrate my wishes concerning medical treatment with clear and convincing evidence. I hereby revoke any Advance Health Care Directive previously granted by me as principal except powers granted by me under any state statutory Advance Health Care Directive.

## **Article One Recitals**

### **Section 1.01 Designation of Health Care Agent**

I designate the individual named below to serve as my Health Care Agent. I give my Health Care Agent the power to make decisions with regard to my health care if I am unable to make my own health care decisions.

Name: Kelvin Yan  
Address: 2810 Domingo Road, Fullerton, California 92833  
Phone: (909) 597-3269

If Kelvin Yan is unwilling or unable to serve, I designate the individual listed below as alternate Health Care Agent, to exercise the powers and discretions set forth in this instrument.

Name: Su-Sou Chen  
Address: 16168 Glencove Drive, Hacienda Heights, California 91745  
Phone: (626) 855-0525

### **Section 1.02 Duration**

This Advance Health Care Directive is not limited to a term of years; it will terminate upon its revocation as provided in this instrument or upon my death, whichever event occurs first. My Health Care Agent's authority does not terminate if I become disabled or incapacitated.

### **Section 1.03 General Grant**

My Health Care Agent may determine and implement all actions necessary for my personal care, residential placement, and medical treatment, including the items specifically mentioned in this instrument. If my Health Care Agent is not available, I intend to guide decisions about my care and treatment with the following statements.

### **Section 1.04 Effect on Legal Capacity**

A formal adjudication of my incapacity is not required for my Health Care Agent to exercise the authority granted by me under this instrument.

## **Article Two Health and Personal Powers**

### **Section 2.01 Instructions Concerning Medical Evaluations and Treatment**

In exercising the authority granted to my Health Care Agent, I instruct my Health Care Agent to discuss with me the specifics of any proposed decision regarding my medical care and treatment if I am able to communicate in any manner however rudimentary, even by blinking my eyes. I further instruct my Health Care Agent that if I am unable to give an informed consent to medical treatment, my Health Care Agent shall give or withhold consent based upon any treatment choices I have expressed while competent, whether under this instrument or otherwise. If my Health Care Agent cannot determine the treatment choice I would want made under the circumstances, then I request that my Health Care Agent make the choice for me based upon what my Health Care Agent believes to be in my best interests. I request that my Health Care Agent's decision be guided by taking into account:

- the provisions of this instrument;

- any preferences that I may have expressed on the subject;

- what my Health Care Agent believes I would want done in the circumstances if I were able to express myself; and

- any information given to my Health Care Agent by the physicians treating me as to my medical diagnosis and prognosis and the intrusiveness, pain, risks, and side effects of the treatment.

I want to leave my family, friends, and persons who care about me with assurances of my love, and without the burdens of guilt or conflict. My purposes in leaving these instructions are to alleviate uncertainty that otherwise may arise in connection with decisions about my medical care, to promote family harmony, and to clarify instructions to my health care providers. My Health Care Agent's authority to act on my behalf concerning my medical care includes decisions concerning artificial life support, medical treatment, surgery and other medical procedures; artificial nourishment and hydration; resuscitation decisions (including Do Not Resuscitate [DNR] orders and

Cardiopulmonary Resuscitation [CPR] directives); amputation of my limbs; blood transfusions; experimental drugs and medical procedures; the administration of pharmaceutical agents; and arrangements for my longterm care.

I affirm my belief in the importance and value of my personal dignity, both in living and in dying.

## **Section 2.02 Longterm or Hospice Care**

My Health Care Agent may select a facility for my nursing, convalescent, or hospice care and establish my residence and placement in a secure unit therein if the facility provides the quality of care appropriate for my medical needs and mental condition. For the purposes of arranging or providing longterm care, my Health Care Agent has authority to facilitate my transportation and establish my legal residence within or beyond the state of California.

## **Section 2.03 Maintain Me in My Residence**

I authorize my Health Care Agent to take whatever steps are necessary or advisable to enable me to remain in my personal residence as long as it is reasonable under the circumstances. I realize that my health may deteriorate so that it becomes necessary to have round-the-clock nursing care if I am to remain in my personal residence, and I direct my Health Care Agent to obtain that care, including any equipment that might assist in my care, as is reasonable under the circumstances. Specifically, I do not want to be hospitalized or put in a convalescent or similar home as long as it is reasonable to maintain me in my personal residence.

## **Section 2.04 Medical Information and Medical Records**

Acting on my behalf, my Health Care Agent may have access to all of my medical information and photocopies of my medical records from my health care providers including physicians, dentists, podiatrists, physical therapists, chiropractic physicians and chiropractors, pharmacists, optometrists, psychologists, social workers, hospitals, hospices, and other treatment facilities; may disclose medical and related information concerning my treatment to appropriate health care providers; and may admit or transfer me to such hospitals, hospices, or treatment facilities as my Health Care Agent determines to be in my best interests.

In order for my Health Care Agent to fulfill his or her duties, my treating physician or hospital is to discuss my medical condition with and disclose all medical records to my Health Care Agent.

## **Section 2.05 Employ and Discharge Health Care Personnel**

My Health Care Agent may employ and discharge medical personnel including physicians, psychiatrists, dentists, nurses, and therapists as my Health Care Agent determines necessary for my physical, mental, and emotional well-being, and pay them reasonable compensation.

## **Section 2.06 Pain Relief**

I want to ensure that my Health Care Agent and physician protect my comfort and freedom from pain insofar as possible. I authorize my Health Care Agent to consent on my behalf to the administration of whatever pain-relieving drugs and pain-relieving surgical procedures my Health Care Agent, upon medical advice, believes may provide comfort to me, even though such drugs or procedures may lead to pharmaceutical addictions, lower blood pressure, lower levels of breathing, or hasten my death. Even if artificial life support or aggressive medical treatment has been withdrawn or refused, I want to be kept as comfortable as possible, and I do not want to be neglected by medical or nursing staff.

## **Section 2.07 Consent to Psychiatric Treatment**

Upon the execution of a certificate by two independent psychiatrists who have examined me and in whose opinions I am in immediate need of hospitalization because of mental disorders, alcoholism, or drug abuse, my Health Care Agent may arrange for my voluntary admission to an appropriate hospital or institution for treatment of the diagnosed problem or disorder; to arrange for private psychiatric and psychological treatment for me; and to revoke, modify, withdraw, or change consent to the hospitalization, institutionalization, or private treatment that I or my Health Care Agent may have previously given. The consent of my Health Care Agent to my hospitalization for psychiatric help, alcoholism, or drug abuse has the same legal effect, subject to applicable local law, as a voluntary admission made by me.

## **Section 2.08 Grant Releases**

My Health Care Agent may grant, in conjunction with any instructions given under this instrument, releases from all liability for damages suffered or to be suffered by me to hospital staff, physicians, nurses, and other medical and hospital administrative personnel who act in reliance on instructions given by my Health Care Agent or who render written opinions to my Health Care Agent in connection with any matter described in this instrument. My Health Care Agent may sign documents titled or purporting to be a *Refusal to Permit Treatment* and *Leaving Hospital Against Medical Advice* as well as any necessary waivers of or releases from liability required by any hospital or physician to implement my wishes regarding medical treatment or nontreatment.

## **Section 2.09 Living Will**

I have not executed a Living Will under the laws of the state of California.

## **Section 2.10 Anatomical Gifts for Transplant Purposes**

After my death, my Health Care Agent may make anatomical gifts on my behalf to persons and organizations my Health Care Agent chooses for the limited purpose of transplantation. My Health Care Agent may execute the papers and act as necessary, appropriate, incidental, or convenient in connection with these gifts.

### **Section 2.11 Autopsy and Disposition of Remains**

My Health Care Agent may authorize an autopsy and direct the disposition of my remains.

## **Article Three Legal and Administrative Powers and Provisions**

### **Section 3.01 Conservator**

My Health Care Agent's authority precludes the need for appointment of a Conservator. But if any proceeding is commenced for the appointment of a Conservator, I nominate my Health Care Agent to serve as Conservator.

### **Section 3.02 Third-Party Reliance**

My Health Care Agent's instructions and decisions regarding my medical treatment are binding on third parties. No person, medical facility, or institution will incur any liability to me or to my estate by complying with my Health Care Agent's instructions. My Health Care Agent is authorized to execute consents, waivers, and releases of liability on my behalf and on behalf of my estate to all medical personnel who comply with my Health Care Agent's instructions. Furthermore, I authorize my Health Care Agent to indemnify and hold harmless, at my expense, any third party who accepts and acts under this Advance Health Care Directive, and I agree to be bound by any indemnity entered into by my Health Care Agent.

### **Section 3.03 Enforcement by Health Care Agent**

I authorize my Health Care Agent to seek on my behalf and at my expense:

- a declaratory judgment from any court of competent jurisdiction interpreting the validity of this instrument or any of the acts authorized by this instrument, but a declaratory judgment is not required for my Health Care Agent to perform any act authorized by this instrument;

- an injunction requiring compliance with my Health Care Agent's instructions by any person providing medical or personal care to me; or

- actual and punitive damages against any person responsible for providing medical or personal care to me who willfully fails or refuses to follow my Health Care Agent's instructions.

### **Section 3.04 Release of Health Care Agent's Personal Liability**

My Health Care Agent will not incur any personal liability to me or my estate arising from the good faith exercise of discretion or performance of acts and duties relating to my medical treatment and personal care.

### **Section 3.05 Reimbursement of Health Care Agent**

My Health Care Agent is entitled to reimbursement for all reasonable expenses arising from the performance of acts and duties relating to my medical treatment and personal care under this instrument.

### **Section 3.06 Copies Effective as Originals**

Photocopies of this instrument are effective and enforceable as originals, and third parties are entitled to rely on photocopies of this instrument for the full force and effect of all stated terms. The word *photocopies* includes facsimiles, digital, or other reproductions.

### **Section 3.07 Interstate Enforceability**

My intention is that the terms of this instrument be honored in any jurisdiction, regardless of its conformity to that jurisdiction's technical requirements and legal formalities.

### **Section 3.08 Amendment and Revocation**

I reserve the right to revoke my Health Care Agent's authority orally or in writing.

### **Section 3.09 Revocation of Prior Powers**

Unless specifically excepted in this instrument, this Advance Health Care Directive supersedes any prior medical durable power of attorney that I have executed. But this instrument does not affect any other unrelated powers previously conveyed by me through general or limited powers of attorney; these powers are to continue in full force until revoked by me or otherwise terminated.


## **Article Four Definitions**

### **Section 4.01 Shall and May**

Unless otherwise specifically provided in this document or by the context in which used, I use the word *shall* in this document to impose a duty, command, direction, or requirement, and the word *may* to allow or permit, but not require. In the context of my Health Care Agent, when I use the word *shall*, I intend to impose a fiduciary duty on my Health Care Agent. When I use the word *may*, I intend that my Health Care Agent is empowered to act with sole and absolute discretion unless otherwise stated in this document.



Dated: December 11, 2013

  
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Helen Su Irving-Yan, Principal

State of California )

County of Orange )

On December 11, 2013 before me, Keiko Gosin, a Notary Public, personally appeared Helen Su Irving-Yan, who proved to me on the basis of satisfactory evidence to be the person whose name is subscribed to the within instrument and acknowledged to me that she executed the same in her authorized capacity, and that by her signature on the instrument the person, or the entity upon behalf of which the person acted, executed the instrument.

I certify under PENALTY of PERJURY under the laws of the State of California that the foregoing paragraph is true and correct.

WITNESS my hand and official seal.

Signature 

(Seal)

